

Wednesday 11 November 2015, 7.00 pm – 9.00 pm	Waste free cooking with Emma Dean
Wednesday 25 November 2015, 7.00 pm – 9.00 pm	Turning a small space into a large harvest with Indira Naidoo
Wednesday 24 February 2016, 7.00 pm – 9.00 pm	Rubbish free lunch box ideas with Kathryn Dean and Emma Dean
Wednesday 2 March 2016, 7.00 pm – 9.00 pm	Eat your way to a happier, healthier you with Tanya Lewis
Wednesday 11 May 2016, 7.00 pm – 9.00 pm	Keeping chickens in a suburban backyard with Maria Ciavarella
Wednesday 25 April 2016, 7.00 pm – 9.00 pm	Living a more sustainable life with Tamara DiMattina

Bookings are essential. To book, visit
www.smarterliving.eventbrite.com.au

**For more information, please
call Manningham City Council on
9846 0579 or Whitehorse City Council
on 9262 6157.**

SMARTER LIVING

**Smarter Living is proudly presented
by Manningham City Council and
Whitehorse City Council.**

SIX FREE EVENTS

Bookings are essential. To book, visit
www.smarterliving.eventbrite.com.au

**Seminars will be held at one of the
following locations:**

Manningham Civic Centre

Function Rooms

699 Doncaster Road, Doncaster

Whitehorse City Council

Box Hill Town Hall, Lower Hall

1022 Whitehorse Road, Box Hill

Whitehorse City Council

Waratah Room, Whitehorse Centre

397 Whitehorse Road, Nunawading

**For more information, please
call Manningham City Council on
9846 0579 or Whitehorse City
Council on 9262 6157.**

SMARTER LIVING

**Six free sessions which take you on a
journey to smarter living**

**November 2015 – May 2016
7.00 pm – 9.00 pm**

**Join some of Melbourne's best known
thrifty living experts, landscape
designers, gardeners and foodies
as they share their stories, practical
advice and secrets to Smarter Living.**



Waste free cooking

Emma Dean, is a cook, forager and winner of 2013 Masterchef winner

Wednesday 11 November 2015, 7.00 pm - 9.00 pm



Emma's passion for food began in the paddocks and kitchen of her regional Victoria childhood home. Her parents instilled a love of growing and cooking farm fresh produce in Emma and from her youngest years she was taught to knead bread, grow veggies, and collect freshly laid eggs.

Emma will share her love and expertise of food with the audience and you will see first hand how to get the most out using whole ingredients.

Location: Box Hill Town Hall, Lower Hall
1022 Whitehorse Road, Box Hill

Turning a small space into a large harvest

Indira Naidoo, broadcaster, author, chef and urban gardener

Wednesday 25 November 2015, 7.00 pm - 9.00 pm



Australian television's well known broadcaster and journalist Indira Naidoo has transformed her tiny thirteen floor balcony into a bountiful kitchen garden. Indira's garden demonstrates that growing produce has nothing to do with space, instead it's about sunlight.

Her 20 square metre garden produces more than 70 kilograms of ever changing selections of fresh fruit, herbs and vegetables every year. Join Indira as she inspires you to become a 'seasonal performer' with the guiding principles of how to set up your own small space edible garden.

Bring along any of your excess home grown produce and take part in an optional food and seed swap from 6.45 pm to 7.00 pm.

Location: Manningham Civic Centre
Function Room
699 Doncaster Road, Doncaster

Rubbish free lunch box ideas

Kathryn Dean and Emma Dean

Wednesday 24 February 2016, 7.00 pm - 9.00 pm



Kathryn will talk quite extensively about the life cycle analysis of lunch boxes (plastic and stainless steel) as well as other materials like cling wrap and calico bags. The answers are not always what you would expect.

Kathryn and Emma will then show you how easy it is to prepare great items perfect for the lunchbox all which don't require wrapping including muesli bars, muffins and wraps.

Location: Manningham Civic Centre
Function Room
699 Doncaster Road, Doncaster

Eat your way to a happier, healthier you

Tanya Lewis - Eco-organiser

Wednesday 2 March 2016, 7.00 pm - 9.00 pm



Tired of throwing out your food? Learn how meal planning reduces food waste, reduces clutter and saves time, money and our environment.

Tanya is the owner of Eco-Organiser and Home Styling and a member the Australasian Association of Professional Organisers. She is on a mission to prove that being organised doesn't have to cost the earth.

Tanya helps you regain control over time and space, drawing on her passion for creating time and space from real life experiences.

Participants are encouraged to think outside the square and learn that being organised does not cost the earth.

Location: Whitehorse Centre, Waratah Room,
397 Whitehorse Road, Nunawading

Keeping chickens in a suburban backyard

Maria Ciavarella, My Green Garden

Wednesday 11 May 2016, 7.00 pm - 9.00 pm



Chickens make great pets. They roam the garden and assist with maintenance of weeds and bugs, eat all the leftovers, make wonderful composters, and provide you with fresh eggs for breakfast. Learn how to keep and maintain chickens in a suburban backyard with Maria Ciavarella from My Green Garden.

Location: Manningham Civic Centre
Function Room
699 Doncaster Road, Doncaster

Living a more sustainable life

Tamara DiMattina

Wednesday 25 May 2016, 7.00 pm - 9.00 pm



Influenced by her travels to Antarctica and Mumbai, India, Tamara has become a leader and advocate for waste free, smarter living.

Tamara is the founder of the "Buy Nothing New Month" and the "New Joneses" campaigns.

Living like the Joneses teaches you how to do more with less, think about where stuff comes from and where it goes whilst maximising resources and minimising waste.

Location: Whitehorse Centre, Waratah Room,
397 Whitehorse Road, Nunawading